



# Hope After Stroke

*a young adult support group*

***mission statement:***

The young adult stroke support group provides a place to share, support, motivate and educate young adults who face the challenges of life after stroke. Through the group's support of each other, everyone works together with patience, kindness and understanding to increase awareness of the devastating physical and emotional effects that stroke can have on each young adult life. Another goal of this group is to educate loved ones, care providers and the community in an effort to increase understanding of the challenges young stroke survivors face each day.

***meeting time:***

The young adult stroke support group meets on the first Thursday of every month at 11:30 a.m.

**Location:** Clarkson tower, dining area in Upper Storz Pavilion

Free valet parking is available at the entrance of Clarkson Tower at 42nd and Dewey Ave.

***for more information:***

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