



Laugh for the health of it!



**March 30, 2020
8 a.m. to 4:10 p.m.**

Embassy Suites
Omaha-La Vista, Hotel and Conference Center
Terry Foster, RN, MSN, FAEN, CCRN, CPEN, TCRN, CEN
Keynote Speaker

About the Conference

Join your colleagues and a national keynote speaker in a day of learning and laughter. We will be exploring nursing issues and discovering practices necessary for success in a rapidly changing health care environment. Local practitioners will discuss innovative ideas to meet nursing challenges in practice, education and management. Please join us in our 25th year!

TARGET AUDIENCE

Nurses in clinical, management and educational roles.

CAROL M. WILSON LECTURESHIP IN NURSING

The Carol M. Wilson Lectureship in Nursing was established in 1993 to honor Carol M. Wilson, MA, RN, a former nurse executive at Nebraska Medicine, for her 41 years of service and leadership. This lectureship was established to support the continuing education of nurses.

REGISTRATION

Registration for the 2020 State of the Art Nursing Conference through Event Brite can be made by going to **NebraskaMed.com/Sota**. Further instructions, maps and other details can be found on this website.

FEE

The fee for this conference, which includes breaks, lunch and continuing education contact hours is **\$95** if completed by Monday, March 16. After that, registration is **\$105**. Registration at the door will be available, if space permits.

CANCELLATION

Fees paid will be refunded less a \$25 processing fee if notice is received in writing by March 16. Fees may be transferred to another person for this conference only. No refunds will be issued after March 16.

CE CREDIT

6.0 contact hours awarded.

Nebraska Medicine is approved as a provider of nursing continuing professional development by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

You must be able to attend the entire conference to receive contact hours. No partial credit will be awarded.

Keynote Speaker



Terry Foster, RN, MSN, FAEN, CCRN, CPEN, TCRN, CEN

Terry Foster has authored more than 35 professional publications, and has lectured on a wide variety of clinical topics at nursing seminars and conferences throughout the USA, having lectured in all 50 states. He is presently the critical care clinical nurse specialist in the emergency department at St. Elizabeth Medical Center in Edgewood, Kentucky. Foster brings a practical, realistic and positive message about the supportive and caring work of nursing. He will discuss how humor invokes a positive attitude that unites us, no matter the area, or era of nursing practice.

Planning Committee

Jacqueline Siebels, BSN, RN-BC

Kaylie Guinan, MSN, RN-BC

Conference Co-chairs

Kelly Berg, MSN, RN-CNOR

Michaela Burke, BSN, RN-BC

Jennifer Hirschbrunner, MSN, RN-BC

Maria Lander, BSN, RN-BC

Julie Lawlor, MSN, RN

Tiffany Moore, PhD, RN

Danielle Nichols, BSN, RN-BC

Jeff Peters, BSN, RN

Kerby Selmer, APRN, MS, RN, OCNS-C

Dawn Straub, MSN, RN, NEA-BC

Maureen Goltl

Schedule of Events

7:30 to 8 a.m.

REGISTRATION AND LIGHT BREAKFAST

8 to 8:10 a.m.

WELCOME AND INTRODUCTION

Kaylie Guinan, MSN, RN-BC, NPD-BC

*Nursing Professional Development Specialist Manager, Nebraska Medicine
Conference Co-chairperson*

Suzanne (Sue) L. Nuss, MBA, PhD, RN, CENP

*Chief Nursing Officer, Nebraska Medicine
Vice President of Operations, Bellevue Medical Center
Associate Dean for Nebraska Medicine Nursing, University of Nebraska Medical Center*

8:10 to 9:40 a.m.

CAROL M. WILSON LECTURESHIP IN NURSING: SESSION I

Surviving and Thriving in the Crazy World of Nursing

Terry Foster, RN, MSN, FAEN, CCRN, CPEN, TCRN, CEN

Do you sometimes just need to hear about the good things nurses do? Listen to this practical, realistic, and positive talk about the supportive and caring work of nursing. We'll talk about what makes nurses tick, as well as what can tick us off! We'll also laugh at some of the crazy and funny things that only nurses know. Sit back, relax, listen, laugh, and restore your pride as a professional nurse!

9:40 to 10:10 a.m.

VENDORS, POSTER PRESENTATIONS AND BREAK

10:10 to 11:10 a.m.

CONCURRENT SESSIONS

(select one)

A *The Impacts of Climate Change on Health Care*

Jesse E. Bell, PhD

University of Nebraska Medical Center

Extreme weather and climate related events affect human health by causing death, injury and illness, as well as having large socioeconomic impacts. Health care providers need to understand the impacts of climate change on human health to effectively plan and adapt for the future threats.

B *Trauma Informed Care for the Medical Professional*

Katie Circo, BSN, RN

Nebraska Medicine

Trauma informed care focuses on the cognitive and emotional effects of traumatic experience and is based off the Adverse Childhood Experiences study (ACEs). The ACE study has proven to predict negative health outcomes of individuals who have experienced specific adversities before the age of 18.

11:15 a.m. to Noon

CONCURRENT SESSIONS

(select one)

C *Influence Through Legislation: How Nurses Hold the Key to Transformation*

Brodi Willard, BSN, RN-BC

Nebraska Medicine

The presentation will cover past legislation that nursing has influenced, current legislation that is affecting nursing, the importance of belonging to a professional organization, how a nurse's personal nursing career is affected by engaging in legislative advocating, and how a nurse can become involved in legislative activities.

D *The ENDS Game: Electronic Nicotine Devices and the Risk Continuum*

Jill Selzle, PA-C, TTS-C

Nebraska Medicine

This presentation will provide an overview of electronic nicotine delivery systems and their potential risks. We will cover device form and function, potential risks associated with use, special concerns and new products. Are these devices safe or is it all smoke and mirrors? Let's explore.

Schedule of Events

Noon to 12:55 p.m.

LUNCH, VENDORS AND POSTER PRESENTATIONS

12:55 TO 1:55 p.m.

CONCURRENT SESSIONS

(select one)

E *Culturally Effective Care for Resettled Refugees*

Alana Schriver, MPH

Omaha Public Schools

Understanding where refugees come from, both geographically and culturally, is critical to providing effective health care services. The way a person understands health and sickness is deeply rooted and influenced by their culture.

F *Hidden in Plain Site: Identifying Victims of Sex Trafficking*

Amy Mead, MBA, BSN, RN, CEN | Nicole Lenaghan, BSN, RN, CEN

*Sexual Assault Nurse Examiners
Nebraska Medicine*

On any given day patients who are victims of sex trafficking can go unnoticed in emergency departments. Nurses can play a pivotal role in identifying patients at risk of sexual abuse. Through education, and the use of an electronic tracking assessment, we will be able to help vulnerable patients connect with resources for help.

2 to 2:30 p.m.

CONCURRENT SESSIONS

(select one)

G *Utilizing the BMAT Tool in a RN Mobility Protocol with Acute Stroke Patients*

Jen Kaluza, APRN, NP, Kellie Clapper, OTR/L

Nebraska Medicine

In an effort to improve nursing confidence and reduce complications associated with immobility, an evidence based protocol was implemented to assist staff in evaluating who and how to safely mobilize stroke patients using the Bedside Mobility Assessment Tool.

H *Cell Phones, Superbugs and Sani Cloths: Reducing the Bioburden of Nurses' Mobile Devices in the Patient Care Area*

Jenn Kopp, BSN, RN, CCRN-CSC

Nebraska Medicine

This presentation will describe how an experimental study was designed to evaluate and motivate nursing staff in direct patient care areas to carefully consider microbial contamination of high touch items, including staff mobile devices, in the care environment.

2:30 to 2:40 p.m.

VENDORS, POSTER PRESENTATIONS AND BREAK

2:40 to 3:55 p.m.

CAROL M. WILSON LECTURESHIP IN NURSING: SESSION II

How Can You Laugh at That? A Closer Look at Nursing Humor

Terry Foster, RN, MSN, FAEN, CCRN, CPEN, TCRN, CEN

This fun and enlightening talk will focus on the very "different" sense of humor shared by all nurses. Often used as a coping mechanism, this speaker will explain the appropriate uses of our type of humor. Our humor invokes a positive attitude and unites us, no matter what your area or era, of nursing practice. Plan to be thoroughly entertained!

3:55 to 4:10 p.m.

CLOSING REMARKS AND ADJOURN

Jackie Siebels, BSN, RN, NP-BC

*Nursing Professional Development Specialist Lead, Nebraska Medicine
Conference Co-chairperson*

For More Information

Jackie Siebels, BSN, RN, NP-BC

Nebraska Medicine

987447 Nebraska Medical Center

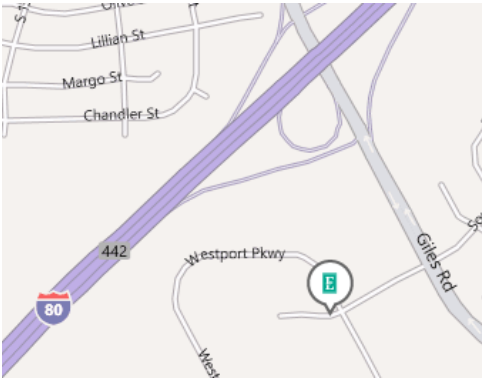
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Location and Directions

Embassy Suites Omaha-La Vista Hotel and Convention Center

12520 Westport Parkway
La Vista, NE



Head either east or west on Interstate 80, take the Giles Road Exit 442.

Turn south onto Giles Road and take the next right onto Southport Parkway.

Turn at the first right onto Westport Parkway and Embassy Suites is on your right.

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