Medical Emergencies

	MET	RRT	Code Blue
Why to Call:	Visitor, family member, or outpatient has a medical emergency (not for inpatients)	For patients in the inpatient areas who have a change in status (seizure, decrease level of consciousness, low blood pressure, etc)	For patients in inpatient areas who have no pulse or are not breathing.
What To Do:	Call 9-5555 (NMC) Call 5555 (BMC) State location and emergency type	Call 9-5555 (NMC) Call 5555 (BMC) State location of patient Pediatric or adult Private or Academic	Push Code Button in patient room and start CPR Call 9-5555 (NMC) Call 5555 (BMC) State location of patient Pediatric or adult Private or Academic
Who Responds:	Security and Nurse Resource Coordinator	RRT Team (almost everyone in code minus a few)	Code Team

Cardiopulmonary Resuscitation (CPR) Tips:
- Position patient supine in the bed
- Be sure to have a firm support system underneath the patient, e.g. a backboard or deflate the bed.
- Bring step stool if necessary in order to do effective chest compressions
- "Push hard and fast" – more than 100 beats per min (100-120)
- Depth of Compressions
- Adults - at least 2 inches
- Pediatrics - at least 1 ½ to 2 inches (1/3 A-P diameter)

Your role if not providing compressions:
- Remove unneeded furniture and equipment
- Retrieve the code cart – unplug AED from wall!
- Assemble suction apparatus
- Assemble bag-valve-mask device (Ambu bag)
- Attach ECG leads
- Make sure other patients on the unit are cared for