

Falls/Gait/Alarms

For all patients regardless of star (fall risk):

- Stay with patient when using the restroom
- Keep call light within reach and make sure patient knows how to use it
- Orient the patient to the environment, especially the location of the bathroom
- Ensure clothes are at appropriate length to reduce the risk of tripping
- Lock all movable equipment before transferring the patient
- Provide adequate lighting
- Consider the use of bed/chair exit alarm system as appropriate (per patient's nurse)
- Use socks with treaded wear when ambulating or other appropriate footwear
- Provide a safe physical environment

Falling Stars: **Make sure there is a magnet outside the room and the star on the white board is circled. These need to match.**

Yellow = Low Fall Risk	Green = High Fall Risk	Pink = Very High Fall Risk
<ul style="list-style-type: none"> ✓ Fall risk arm band and socks ✓ Update whiteboard in room with risk, ambulation, transfer, and any other safety issues ✓ Use gait belt ✓ Bed and chair alarm at discretion of RN 	<ul style="list-style-type: none"> ✓ All low injury risk PLUS: ✓ Use 3 side rails (2 upper and 1 lower) (discuss with nurse) ✓ Toilet every 2hrs or more if needed ✓ Bed alarm at all times ✓ Consider chair alarm at all times per nurse's discretion ✓ Nurse will consider need for video monitoring 	<ul style="list-style-type: none"> ✓ All LOW and HIGH injury risk PLUS: ✓ Use bed and chair alarm at all times ✓ ALWAYS stay with patient while toileting ✓ Patient will be placed on video monitoring per nurse ✓ Check patient frequently (every 30 if not on video monitoring) ✓ Nurse will consider need for sitter

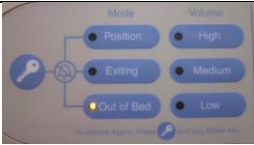
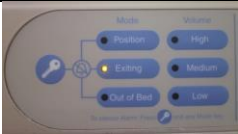
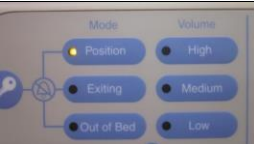
Equipment:

Gait Belt:

- ✓ How to apply a gait belt (video available on intranet)
- ✓ When a patient discharges put in laundry basket
- ✓ Place a new one in the room on admission of new patient

Bed Alarm for older beds:

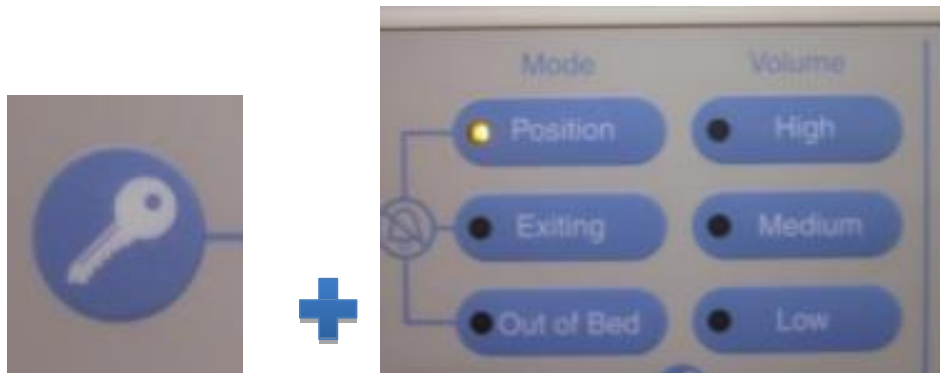
- ✓ Make sure bed is plugged into wall
- ✓ How to push buttons to activate bed alarm

	<p>Allow patient to move freely about the bed but alerted when patient LEAVES the bed</p>
	<p>Alerts when the patient moves away from the head section and toward the exit section like he/she may be exiting.</p>
	<p>Alerts when the patient moves toward the side rail or away from the head section, like when a patient sits up. Caregiver wants to be alerted as soon as possible.</p>

To set alarm, press the desired mode key one time while patient is resting in a lying position on the bed:

- 1 Beep means the alarm is set and desired mode is lit.
- Multiple beeps means the alarm did not set. Try repositioning patient and setting alarm again.

To cancel alarm, press the highlighted mode plus the key button. One beep should be heard and the light will turn off:



Bed Alarms for Versacare (newer beds):



- **Activate the Bed Exit Alarm**
 1. Make sure patient is centered in bed and hips aligned with hip indicator.
 2. Press the Enable control (Key button).
 3. Press the desired Bed Exit Mode. The green indicator light will appear.

- **Deactivate the Bed Exit Alarm**
 1. Press the Enable control (Key button).
 2. Press any Bed Exit Mode. The green indicator light will disappear.

- **Bed Exit Alarm Silence (Alarm Pause)**
 1. If silencing before the patient exits the bed, press the Enable control (Key button).
 2. Press the Alarm Silence button (yellow).
 3. Once the patient is properly positioned back in bed, the bed will scan for the patient's weight and automatically reset.
 4. When you hear a beep and see the green indicator light appear next to the Bed Exit Mode, the bed exit has been reset.

Chair Alarm:

- Know where to get each piece
 - The part they sit on is in the Pyxis
 - The speaker is in your units supply area
- Know how to put together
- Know how to program voice



- Place Pad on bed or chair and cover with a sheet
- Insert phone-style plug into jack location labeled "Pad" on the TABS® monitor.
- When the patient applies his/her weight, a beep will sound to indicate the device is alarmed.
- Alarm occurs when patient removes weight from pad.



To record a message:

- 1) Remove back cover.
- 2) Push and hold down the black record button while you speak slowly into the microphone.
- 3) Release button when finished.
- 4) Replace back cover.

Messages can be recorded by family members or in the language