

Insulin Blood Glucose Log

THE DIABETES CENTER

Date	Breakfast		Lunch		Dinner		Bed-time/ Other	Comments
	Before	After	Before	After	Before	After		
BG								
Insulin/ Carbs								
BG								
Insulin/ Carbs								
BG								
Insulin/ Carbs								
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Insulin/ Carbs								
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Insulin/ Carbs								
BG								
Insulin/ Carbs								
BG								
Insulin/ Carbs								



The Diabetes Center
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